

FAST FACTS ABOUT RESPONSIBLE GAMING AND PROBLEM GAMBLING

Why is Responsible Gaming important?

- Responsible gaming provides a set of values to guide the work performed at the Michigan Lottery.
- The Bureau's commitment to responsible gaming builds confidence in our players that the Michigan Lottery keeps their interests in mind.
- Promoting responsible gaming builds public trust in the integrity of the Michigan Lottery.

How does Michigan Lottery promote Responsible Gaming?

Michigan Lottery is dedicated to ensuring our players are provided with a fun and safe form of entertainment. As part of this effort, we provide \$1 million each year to help fund statewide education and treatment programs for problem gaming, as well as the Michigan Problem Gambling Helpline. Moreover, the Michigan Lottery has partnered with Health Management Systems of America to offer live chat and text support services to anyone seeking help for a gambling problem. Our internet sales platform provides players the option of setting deposit limits and play exclusions. Further, Michigan Lottery retailers receive Responsible Gaming reminders through terminal sign-on messaging and will soon have access to a retailer-specific Responsible Gaming training.

What is Problem Gambling?

Problem Gambling is the term used to cover all forms of harmful gambling activity. Whether creating an occasional negative impact or an ongoing, serious situation, problem gambling adversely affects the gambler's personal or vocational pursuits, and/or adversely affects the lives of the gambler's family and friends.

How prevalent is Problem Gambling?

The National Council on Problem Gambling reports that in a given year, about 1% of U.S. adults meet the clinical criteria for gambling disorder. Another 2-3% of U.S. adults do not meet the full diagnostic criteria for gambling disorder, but experience problems controlling their gambling activity.

What are some of the warning signs for Problem Gambling?

- Lying about the time spent gambling or the money lost
- Being unable to stop or control gambling activity
- Borrowing money to gamble
- Preoccupation with gambling activities
- Gambling more to recover losses
- Missing work or sacrificing time with family to gamble
- Withdrawal when not gambling
- Using gambling as an escape from problems

Can I help someone who might have a gambling problem?

Yes! If you believe someone may be affected by problem gambling, the following are a few free support resources you can offer to them:

1. Michigan Problem Gambling Helpline: 1-800-270-7117
2. Michigan Problem Gambling Text & Chat:
 - Text: 1-248-648-3363
 - Chat: link available at michiganlottery.com/responsible_gaming
3. National Council on Problem Gambling: www.ncpgambling.org

